

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mackens Vicky HEADCOACH

Coaches: Claes Steven

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 52: 200M BREASTSTROKE WOMEN 15-16							Heat:3, starttime: 09:14	
Heat: 3/3 Lane : 2 Athlete: VAN DER MEEREN LOTTE							Q-time: 02:45:86	
PB (25m pool): 02:45.86 Leuven 04/10/2026				PB (50m pool): 02:53.02 SB: 02:45.86 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.55		01:19.63		02:03.25		02:45.86
	00:37.55		00:42.08		00:43.62		00:42.61	
								

Coach feedback:

Event number: 53: 100M BUTTERFLY MEN 11-12							Heat:5, starttime: 09:26	
Heat: 5/9 Lane : 1 Athlete: VAN DER MEIREN WILLIAM							Q-time: 01:25:46	
PB (25m pool): 01:25.46 Kapelle-op-den-Bos 11/10/2026				PB (50m pool): 01:28.10 SB: 01:25.46 Kapelle-op-den-Bos 11/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:40.13		01:25.46				
	00:40.13		00:45.33					
								

Coach feedback:

Event number: 54: 100M BUTTERFLY WOMEN 11-12							Heat:8, starttime: 09:50	
Heat: 8/10 Lane : 3 Athlete: DELCOIGNE ELLA							Q-time: 01:20:56	
PB (25m pool): 01:21.00 Braine l Alleud 05/04/2026				PB (50m pool): 01:20.56SB: 01:23.81 Sint-Pieters-Leeuw 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:36.85		01:21.00				
	00:36.85		00:44.15					
								

Coach feedback:

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Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:10, starttime: 09:54
Heat: 10/10 Lane : 7 Athlete: NDIAYE MAï					Q-time: 01:14:43
PB (25m pool): 01:16.29 Sint-Pieters-Leeuw 18/10/2026					PB (50m pool): 01:14.43 SB: 01:16.29 Sint-Pieters-Leeuw 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.19		01:16.29	
	00:35.19		00:41.10		
					

Coach feedback:

Event number: 55: 400M MEDLEY MEN 13-14					Heat:1, starttime: 09:56			
Heat: 1/2 Lane : 2 Athlete: JACQUEMYNS KOBE					Q-time: 05:48:49			
PB (25m pool): 05:58.62 Ternat 14/12/2025					PB (50m pool): 05:48.49 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:38.14		01:27.79		no time		no time
	00:38.14		00:49.65					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:58.62
								

Coach feedback:

Event number: 56: 400M MEDLEY WOMEN 13-14					Heat:2, starttime: 10:15			
Heat: 2/2 Lane : 1 Athlete: WYFFELS LOUISE MARIE					Q-time: 05:29:91			
PB (25m pool): 05:29.91 Leuven 04/10/2026					PB (50m pool): 05:34.32 SB: 05:29.91 Leuven 04/10/2026			
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:36.63		01:19.94		02:01.51		02:42.94
	00:36.63		00:43.31		00:41.57		00:41.43	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:30.32		04:18.57		04:54.76		05:29.91
	00:47.38		00:48.25		00:36.19		00:35.15	
								

Coach feedback:

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Event number: 59: 100M FREESTYLE MEN 11-12					Heat:4, starttime: 10:40
Heat: 4/10 Lane : 8 Athlete: VAN DER MEIREN WILLIAM					Q-time: 01:11:82
PB (25m pool): 01:11.82 Leuven 04/10/2026					PB (50m pool): 01:11.16 SB: 01:11.82 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.73		01:11.82	
	00:33.73		00:38.09		
					

Coach feedback:

Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:4, starttime: 10:57
Heat: 4/10 Lane : 8 Athlete: DELCOIGNE ELLA					Q-time: 01:11:46
PB (25m pool): 01:10.77 Sint-Pieters-Leeuw 18/10/2026					PB (50m pool): 01:11.46 SB: 01:10.77 Sint-Pieters-Leeuw 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.46		01:10.77	
	00:33.46		00:37.31		
					

Coach feedback:

Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:9, starttime: 11:06
Heat: 9/10 Lane : 4 Athlete: NDIAYE MAï					Q-time: 01:05:94
PB (25m pool): 01:05.94 Leuven 04/10/2026					PB (50m pool): 01:06.10 SB: 01:05.94 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.93		01:05.94	
	00:31.93		00:34.01		
					

Coach feedback:

Event number: 62: 200M BACKSTROKE WOMEN 13-14							Heat:4, starttime: 11:39	
Heat: 4/5 Lane : 8 Athlete: WYFFELS LOUISE MARIE							Q-time: 02:33:67	
PB (25m pool): 02:33.67 Leuven 04/10/2026				PB (50m pool): 02:38.37 SB: 02:33.67 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.89		01:14.92		01:54.30		02:33.67
	00:36.89		00:38.03		00:39.38		00:39.37	
								

Coach feedback:

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Event number: 63: 100M MEDLEY MEN 15-16					Heat:3, starttime: 11:49	
Heat: 3/4 Lane : 7 Athlete: VANSTECHELMAN LUCAS					Q-time: 01:05:45	
PB (25m pool): 01:05.45 Leuven 04/10/2026						
PB (50m pool): no time SB: 01:05.45 Leuven 04/10/2026						
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:30.30		01:05.45		
	00:30.30		00:35.15			
						

Coach feedback: